



## Parenting Comes With Challenges. Triple P is Here to Help!

Are parenting challenges like tantrums, power struggles at bedtimes or mealtimes, or other behaviors causing problems? Worried about your child's future and emotional wellbeing? Do you just want family life to run more smoothly?

For more than 40 years, the Triple P – Positive Parenting Program – has been used by families all over the U.S. and has been proven to work. And the best part is, it's **FREE** in Ohio.

Getting started takes only 5 minutes...and the benefits last a lifetime!

Now, you can get a whole toolkit of effective positive parenting strategies – **FREE!**

Families may sign up for the free online program at:  
[www.triplep-parenting.com/oh-en/triple-p/](http://www.triplep-parenting.com/oh-en/triple-p/)



Thanks to a partnership with the Governor's Children's Initiative, Ohio Department of Job and Family Services, and the Ohio Children's Trust Fund, the Triple P Positive Parenting Program is **FREE to all Ohio families.**



Ohio Children's Trust Fund  
*Ohio's Prevent Child Abuse America Chapter*